



Training Centre

Manual Handling & Patient Handling

The NAS Training Centre has been providing Manual Handling & Patient Handling since 2002. Courses take place in our fully equipped training centre.

This course includes theory, demonstrations, and opportunity for participants to practice the techniques taught.

Course suitable for healthcare workers (e.g. Nurses, care assistants) or anyone looking to work in the healthcare sector.

Individuals or groups can be facilitated



Unit 3, Cleaboy Business Park, Old Kilmeaden
Road, Waterford
www.nas.ie, 051-333960

Lo-Call 1890 627 627



Training Centre

Manual Handling & Patient Handling Course

Workshop duration—1 day



Techniques covered—

- Chair to Chair Transfers
- Care of a person in bed — log rolls, sitting and re-positioning
- Standing a person
- Use of equipment
- Hoist demonstration and practice

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