



**Training Centre**

# **Manual Handling & Patient Handling**

The NAS Training Centre has been providing Manual Handling & Patient Handling since 2002. Courses take place in our fully equipped training centre.

This course includes theory, demonstrations, and opportunity for participants to practice the techniques taught.

Course suitable for healthcare workers (e.g. Nurses, care assistants) or anyone looking to work in the healthcare sector.

**Individuals or groups can be facilitated**



Unit 3, Cleaboy Business Park, Old Kilmeaden  
Road, Waterford  
[www.nas.ie](http://www.nas.ie), 051-333960

**Lo-Call 1890 627 627**



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# **Manual Handling & Patient Handling Course**

Workshop duration—1 day



Techniques covered—

- Chair to Chair Transfers
- Care of a person in bed — log rolls, sitting and re-positioning
- Standing a person
- Use of equipment
- Hoist demonstration and practice

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